

# Sacred Heart Church

301 Ann Street

Newburgh, New York 12550

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## Second Sunday of Lent

### March 1, 2015

If God is for us, who can be against us?

— *Romans 8:31b*

### Fasting and Feasting

"Lent should be more than a time of fasting. It should be a joyous season of feasting. Lent is a time to fast from certain things and to feast on others. It is a season in which we should:

*Fast from judging others; feast on the Christ dwelling in them.*

*Fast from emphasis on differences; feast on the unity of all life.*

*Fast from thought of illness; feast on the healing power of God.*

*Fast from words that pollute; feast on the phrases that purify.*

*Fast from discontent; feast on gratitude.*

*Fast from anger; feast on patience.*

*Fast from pessimism; feast on optimism.*

*Fast from worry; feast on hope.*

*Fast from complaining; feast on appreciation.*

*Fast from negatives; feast on affirmatives.*

*Fast from bitterness; feast on forgiveness.*

*Fast from self-concern; feast on compassion for others.*

*Fast from discouragement; feast on hope.*

*Fast from suspicion; feast on truth.*

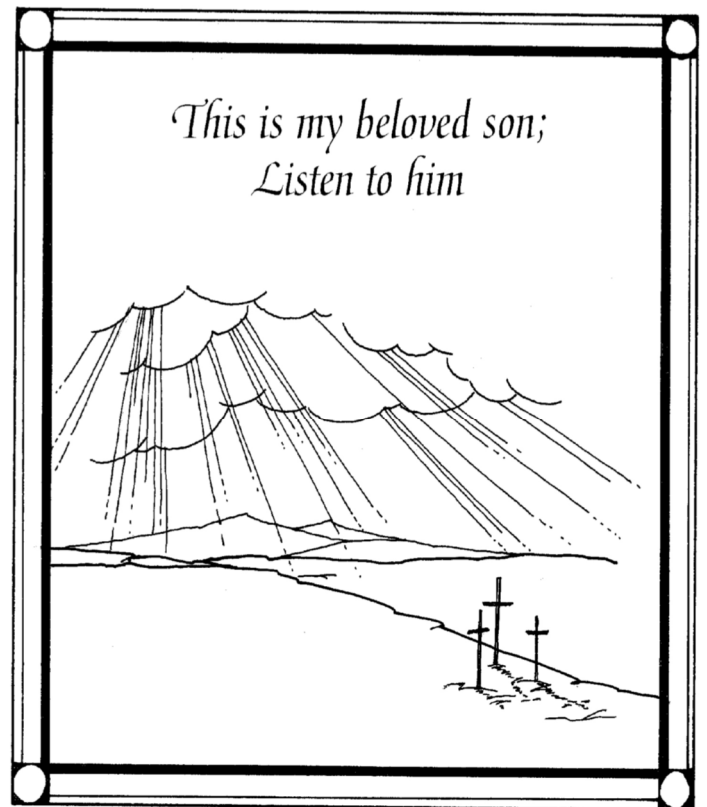
*Fast from thoughts that weaken; feast on promises that inspire."*

*-a reflection by William Arthur Ward*

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St. Joseph Table



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We will honor St. Joseph on **Sunday, March 15** with our traditional **St. Joseph's Table** in Fr. Gallo Hall from **12:00 PM to 3:00 PM**.

The meal is provided by St. Michael's Italian American Club, the Sacred Heart League and the Sons of Thunder.

Prices remain the same:

**\$10 for adults,  
\$5 for children ages 5 to 12  
and children under 5 are free.**

Tickets are available after all the Masses



**Saturday Evening:** 5:00 PM  
**Sunday:** 8:00AM (Italian/English) 10:00AM, 12:00PM  
**Monday-Friday:** 7:00 AM in the Chapel  
**Saturday:** 7:00 AM in the Chapel  
**Holy Days of Obligation:** Mass times will be listed in the bulletin on the Sunday prior to the holy day.

**Pastoral and Administrative Staff**

Rev. William A. Scafidi, Pastor  
 Rev. Clifford Ekwueme, Parochial Vicar  
 Peter R.C. Haight, Deacon  
 Lawrence J. Kawula, Deacon  
 Thomas L. Neppi, Deacon  
 Sr. Mary McCarthy, P.B.V.M., Pastoral Associate  
 Deacon John Sadowski - Parish Business Manager  
 Mrs. Wendy Timperio, Secretary

**Sacred Heart School**

24 South Robinson Avenue 845-561-1433  
 www.sacredheartschoolnewburgh.us  
 Ms. Catrina Rocco, Principal  
 Mrs. Beth DaSilva, School Secretary

**Sacred Heart Religious Education Program**

24 South Robinson Avenue 845-561-2589  
 Mrs. Lynda Piper, Coordinator

**Trustees**

Mr. Robert Ruckdeschel and Mrs. Maureen Neppi

**Sacred Heart Convent**

15 Stori Road 845-565-5034  
 Sr. Alba Danese, F.M.I., Pastoral Assistant  
 Sr. Anna Sasso, F.M.I., Pastoral Assistant

**PARISH DEVOTIONS**

**Adoration of the Blessed Sacrament** takes place in the Chapel each Monday beginning after the 7:00 AM Mass at 7:30 am to 12:00 Noon except *during the months of July and August -NO ADORATION -Novena prayers will be said after the 7:00 am Mass.*

**Miraculous Medal Novena and Eucharistic Devotion:** Monday evenings at 7:00 PM in the Chapel (except during the months of July and August when Novena prayers will be said after the 7:00 AM Mass).

**Rosary** prayed following the 7:00 AM Mass, Monday through Saturday in the Chapel.

**Fatima Mass and Rosary for Peace:** First Saturday at 7:00 AM in the Chapel.

**Stations of the Cross:** (Lent Only) Fridays at 7:00 PM

**BULLETIN ITEMS**

Items you wish to place in the parish bulletin **MUST** be submitted, in writing, to the rectory by **4:00 PM** on ***Mondays for the following Sunday***. Email address is

**sacredheart.newburgh@verizon.net**

Every effort will be made to get your item in the bulletin in a timely manner and as space allows.

Thank you for your cooperation.

**CELEBRATION OF SACRAMENTS**

**BAPTISM:** Communal celebrations of Baptism take place on the first and third Sundays at 2:00 PM. To arrange a Baptism, please call the Rectory. A Baptismal Instruction Session is required before the Baptism. Because Godparents play an important role in the child's Christian life and education, Godparents must be practicing Catholics who have been confirmed, are at least 14 years of age and, if married, must be in a marriage recognized by the Catholic Church. If there is a question about the suitability of someone to be a Godparent, please call the Rectory before asking the person to be a Godparent.

**RECONCILIATION:** The Sacrament of Penance takes place on Saturdays and on the day before First Fridays from 4:00 to 5:00 PM. At other times, the person should make the request directly to a priest.

**MARRIAGE:** Engaged couples should contact the Rectory at least six months in advance. Diocesan regulations require a marriage preparation program for all couples.

**MINISTRY TO THE SICK AND HOMEBOUND:** If a parishioner is in the hospital or homebound, please contact the Rectory. Arrangements can be made for the person to receive the Sacrament of the Anointing of the Sick. Also, Holy Communion can be brought to our homebound parishioners.

Please remember  
 Sacred Heart Church and Sacred Heart School  
 in your Estate Planning.

***SILENCE IS GOLDEN and APPRECIATED***

Our Eucharistic Community invite you to be **"FULLY PRESENT"** during our Mass, we ask that you kindly turn off **all** electronic devices. Thank you for your cooperation.

**PARISHIONER REGISTRATION**

Parishioner registration is important to the parish as well as the parishioner. All parishioners are encouraged to register. Once you have registered and continue to participate by attending Mass and receiving the Eucharist regularly; you will find it helpful for the enrollment of children in the Religious Education Program, and obtain the necessary documents to become a Godparent or a sponsor for Confirmation.

If you are not already registered, please call the Rectory Office at 845-561-2264 to make an appointment to come in and register. Hours for registration are:

<b>MONDAY</b>	<b>9:00 am - 7:00 pm</b>
<b>TUESDAY</b>	<b>9:00 am - 1:00 pm</b>
<b>WEDNESDAY</b>	<b>9:00 am - 3:00 pm</b>
<b>THURSDAY</b>	<b>9:00 am - 4:00 pm</b>

# Mass Schedule

## MONDAY, MARCH 2

7:00 Rose Coppola  
7:00 PM Novena

## TUESDAY, MARCH 3

7:00 Lori DePalma

## WEDNESDAY, MARCH 4

7:00 Pope Francis

## THURSDAY, MARCH 5

7:00 Lucia Bambino

## FRIDAY, MARCH 6

### FIRST FRIDAY

7:00 Members of the Sons of Thunder  
7:00 pm Stations of the Cross

## SATURDAY, MARCH 7

### FIRST SATURDAY

8:00 Purgatorial Society Intentions  
5:00 1. Priests and deacons of Sacred Heart  
2 Religious Sisters of Sacred Heart  
3. Parishioners of Sacred Heart Church

## SUNDAY, MARCH 8

8:00 Anna Chiara & Luigi Buda and deceased members of the Buda family  
10:00 Philippa Gagliardo Francis  
12:00 Domenick Colotti

## Weekly Offering



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Weekend February 21 & 22 \$7,750  
Attendance 617 Adults and 125 Children

## UPCOMING EVENT

Please see the bulletin for more information as the event date approaches

- Mar 6 Stations of the Cross 7:00 PM
- Mar 7 Purgatorial Society Mass 8:00 AM
- Mar 13 Stations of the Cross 7:00 PM
- Mar 15 St. Joseph's Table - Gallo Hall
- Mar 20 Stations of the Cross 7:00 PM
- Mar 27 Fish Fry - Sons of Thunder @ Gallo Hall
- Mar 27 Stations of the Cross 7:00 PM
- Mar. 29 Palm Sunday
- Mar 29 **Sacred Heart Church Blood Drive**
- Mar 30 **Archdiocesan Confessions 3-9 PM**
- Mar 31 Chrism Mass - St. Patrick's Cathedral

## *Please note:*

There will be **NO** First Friday Adoration during the months of March and April (during the Lenten season). First Friday Adorations will resume May 1, 2015.

## *First Friday*

Friday, March 6, 2015, is First Friday.  
Mass is at 7:00 am.

Confessions will be heard on  
Thursday, March 5, 2015 at 4:00 pm.

Saturday, March 7, 2015 is First Saturday,  
Purgatorial Society Mass is at 8:00 am

## DAYLIGHT

### DAYLIGHT SAVINGS TIME BEGINS

Please set your clocks **ahead one hour** Saturday evening, March 7, 2015. Daylight Savings time begins on Sunday, March 8, 2015



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## *Fish Fry Friday*

The Sons of Thunder will be hosting a Fish Fry during Lent on **Friday, March 27** from **5:30 PM to 8:00 PM**. Fried or baked fish, French fries or baked potatoes, coleslaw, soda or bottled water for \$7.50.

All proceeds will be used to feed the homeless and needy.



*Remember  
Our Sick*

The following parishioners are in need of our prayers

*We ask family members of those on our prayer list to please call the Rectory Office (561-2264) to confirm that these names should continue to remain on our list. (revised January, 2015)*

- Patricia Carman, Deacon Dominick Casadone,
- Margaret Donahue, Adele Esposito,
- Joann Fayo-Perry, Frank Girona,
- Frances Marino, Sr. Mary Angela,
- Tom Marino, George Mele,
- Rosemarie Moffa, Gloria Presutti,
- Jordan Ruwe, Delia Sifre,
- Emma Studtmann, Mary Venticenne,
- Rudy Warren, Keith Weber

*Unable to join us for the reception of the sacrament of Holy Communion; then join us spiritually with this prayer.*

**Act of  
Spiritual Communion**

My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, and I desire to receive you into my soul.

Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you.

Amen

**MEMBERS OF THE  
ARMED SERVICES**

Please remember the following members of the armed services in your prayers

- SA James Alberts, USN
- MDN Tina Alberts, USN
- LCPL Christian Cunningham, USMC
- LT Thomas O. Mennerich, USN
- LT Abby K. Mennerich, USN

*We ask that family members of those on our MEMBERS OF THE ARMED SERVICE prayer list call the Rectory Office (561-2264) to confirm that these names should continue to remain on our list. (revised January, 2015)*

**THE ART OF LISTENING**

If you want God to listen to you when you pray, shouldn't you listen to God when God speaks to you?

—Anonymous

**Bus Trip to St. Patrick Cathedral**

The Mass of Chrism at St. Patrick's Cathedral will be celebrated on **Tuesday** of Holy Week, **March 31, 2015** at 4:00 pm. At this Liturgy the Holy Oils used in the celebration of the Sacraments during the year throughout the Archdiocese are blessed.

The bus will **leave** our parking lot on Tuesday, March 31, at **11 AM**. There will be an opportunity before the Mass to have lunch. The bus will **leave from the Cathedral** at **6:30 PM** to return to our parking lot.

To reserve a seat, **\$25 per person**, please the call rectory at 845-561-2264. **Payment is due** by Friday, **March 27**.

**Palm Weaving**

Parishioners skilled in this art will begin work on Monday, March 9 in the St. Anthony Room of the Activity Center. Please see schedule below.

March 9 thru March 13 from **1:00 PM to 5:00 PM**

March 16 thru March 27 (Monday thru Friday) from **9:00 AM to 5:00 PM**.

If you would like to learn this craft and/or volunteer, please come to the Activity Center during the times listed above and someone will be there to assist you. Any amount of time you can volunteer; mornings, afternoon, one or two hours or all day, would be greatly appreciated.

If you would like more information please call the rectory at 845-561-2264.

**Easter Flowers**

It is our custom to accept memorial donations in memory of your loved ones to defray the cost of our Easter decorations. If you would like to make a donation, please use the envelope included in your contribution envelope packet or pick up an envelope at the entrances to the Church. The list of memorial donations will be printed in the bulletin.



Your generous donations enable us to beautifully decorate our Church for the Easter Season. The monies that we have over and above the cost for this holy day are used for the flowers that are planted outside of the Church which bloom all summer.



***Lenten Season 2015***

***Stations of the Cross***

*Friday evening at 7:00 P.M*

*Good Friday Stations 6:00 P.M*

***Confessions:***

*Saturday afternoon from 4-5 P.M*

*Reconciliation Monday :*

*March 30, 2015 from 3 - 9 P.M*

***Palm Sunday, March 29, 2015***

*Saturday, March 28 at 5:00 P.M*

*Sunday, March 29, 8, 10 and 12 noon*

***Holy Thursday, April 2, 2015***

*9:00 A.M Tenebrae*

*7:00 P.M Mass of the Last Supper*

*Adoration until 11:00 P.M*

***Good Friday, April 3, 2015***

*9:00 A.M Tenebrae*

*3:00 P.M Passion of our Lord*

*6:00 P.M Stations*

***Holy Saturday, April 4, 2015***

*9:00 A.M Tenebrae*

*8:00 P.M Easter Vigil*

*(NO 5:00 pm Mass)*

***Easter Sunday, April 5, 2015***

*Masses are 8, 10 and 12:00 Noon*

***News from the Sacred Heart Sports Program***

**4th Annual Coach Rick Salgado Memorial Blood Drive & Breakfast**

Thank you to all of our noble blood donors that gave of themselves to benefit so many. Their time and generosity are truly appreciated. This year's Coach Rick Salgado Memorial Blood Drive collected 64 pints of blood; each pint of blood collected helps as many as three individuals. Our pancake breakfast benefits families in need at Sacred Heart School.

**Annual Grapefruit & Orange Sale**

We would like to express a brief note of thanks to our parishioners for supporting our annual citrus sale. We hope you enjoyed the wonderful Texas Ruby Red Grapefruit & California Oranges. The funds generated help the Sports Program to provide Athletic equipment, uniforms and supplies and materials necessary for maintaining the gymnasium. We are truly blessed to have a wonderful facility for our children and appreciate your support.

***Adult Ballroom & Latin Dance***

Manhattan's Premier Dance Studio  
Paul Pellicoro's Dancesport  
and  
Sacred Heart School  
Proudly presents

**ADULT BALLROOM and LATIN DANCE**

Workshop for Beginners  
April 17 and April 24, May 8 and May 15  
3:30 PM in Gallo Hall  
(no partner necessary)

\$65 for Sacred Heart Parishioners  
Registration due March 17. Please make check payable to Sacred Heart School and mail to 24 South Robinson Avenue, Newburgh, NY 12550  
Call 845-561-1433 for more information

***Lenten Sunday Scripture Readings***

Come join the Sisters of the Presentation at Mount Saint Joseph Administration Center in New Windsor for evenings of reflection on the Lenten Sunday scripture readings.

The sessions continue on Monday, March 2 from 7:00 PM to 8:00 PM. For more information please contact Sr. Virginia at 845-401-8531.

***Meeting Notice***

The Sacred Heart League will meet on Friday, March 6, 2015 in the Activity Center at 1:00 PM.  
(weather permitting)

**LISTEN AND FOLLOW**

“This is my beloved Son. Listen to him.” And listen they did. From that moment on, Peter, James, and John were ardent followers, forsaking everything to follow in their Master’s footsteps. Like the psalmist crying, “O Lord, I am your servant,” the three disciples committed themselves to lives of incredible hardship and indescribable joy. After that day on the mountain, they never again wavered in their chosen vocation.

Though our tests may not be as severe as Abraham’s and our peak experiences not as dramatic as the Transfiguration, we all face the daily challenges of walking “before the Lord in the land of the living.” As we follow our varied calls to love and serve, let’s be comforted by Paul’s reminder to the Romans: “If God is for us, who can be against us?”

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**TODAY’S READINGS**

**First Reading** — The sacrifice of Abraham, our father in faith (Genesis 22:1-2, 9a, 10-13, 15-18).

**Psalm** — I will walk before the Lord, in the land of the living (Psalm 116).

**Second Reading** — If God is for us, who can be against us? (Romans 8:31b-34).

**Gospel** — Jesus was transfigured before them, and his clothes became dazzling white (Mark 9:2-10).

The English translation of the Psalm Responses from the *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

**READINGS FOR THE WEEK**

- Monday: Dn 9:4b-10; Ps 79:8, 9, 11, 13; Lk 6:36-38
- Tuesday: Is 1:10, 16-20; Ps 50:8-9, 16bc-17, 21, 23; Mt 23:1-12
- Wednesday: Jer 18:18-20; Ps 31:5-6, 14-16; Mt 20:17-28
- Thursday: Jer 17:5-10; Ps 1:1-4, 6; Lk 16:19-31
- Friday: Gn 37:3-4, 12-13a, 17b-28a; Ps 105:16-21; Mt 21:33-43, 45-46
- Saturday: Mi 7:14-15, 18-20; Ps 103:1-4, 9-12; Lk 15:1-3, 11-32
- Sunday: Ex 20:1-17 [1-3, 7-8, 12-17]; Ps 19:8-11; 1 Cor 1:22-25; Jn 2:13-25  
 Alternate readings (Year A): Ex 17:3-7; Ps 95:1-2, 6-9; Rom 5:1-2, 5-8; Jn 4:5-42 [5-15, 19b-26, 39a, 40-42]

**TREASURES FROM OUR TRADITION**

Within the tradition of the Christian church, there are differing ways of observing a Lenten fast. For Eastern Catholics and Orthodox, the discipline is close to our understanding of “abstinence.” Certain foods are eliminated from the diet entirely. The rules are basically monastic rules, and the customs of a monastery table are embraced in the home. This year, “Meatfare Sunday” is February 26, and it is the last time that meat is admitted to the diet until Easter. The following Sunday, known as “Cheesefare Sunday,” takes cheese and all dairy products from the table. It is also known as “forgiveness Sunday” because a true fast is about crowning life with love, holding back harsh words, and cutting off anger.

The Eastern churches fast even from celebrating the Eucharist from Monday through Friday. We don’t count Sundays as fast days, but Eastern Christians fast through the weekends. People are expected to come as close to the ideal as possible, and the Lenten services keep reminding them not to take pride in their fasting, since the devil himself never eats! What’s left on the menu? Grains, vegetables, eggs (maybe), and fish. Imagine the joys of the Easter table after such a fast!

—Rev. James Field, Copyright © J. S. Paluch Co.

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**APOSTOLATE OF PRAYER**

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United each day, throughout the year, we pray for the members of our beloved clergy here in the Orange County Vicariate:

- Mar 2 Rev. Francis Amodio, O.Carm  
Rev. Edward Coughlin, SJ
- Mar 3 Rev. Jamie Bono  
Deacon Thomas Neppi
- Mar 4 Rev. Vincent Odikanoro  
Rev. Peter Claver Ugoagwu
- Mar 5 Rev. Timothy Ennis  
Deacon William Castellane
- Mar 6 Ill and suffering priests
- Mar 7 Vocations and Seminarians
- Mar 8 Cardinal Dolan  
Auxiliary Bishops

Father, in your plan of salvation, you provide shepherds for your people. Fill your Church with the spirit of courage and love. Raise up worthy ministers to your altars, ardent but gentle servants of the Gospel. To those clergy among us who have already answered your call, grant joy and perseverance in your service. We pray in the name of Jesus, your Son and Eternal High priest. Amen